

Bachelor of Science - Clinical Psychology

Syllabus – First Semester

ELEMENTARY STATISTICS

Course Code: PSY2101

Credit Units: 03

Course Objective:

The paper on Statistics introduces quantification of psychological data and gives primary research orientation to the students. Understanding Statistics and basic logic of Statistics is crucial to being able to read Psychology research article. Further by mastering the basic logic and ways of thinking about Statistics, students will be unusually well prepared for the advanced courses.

Course Contents:

Module I:

Meaning, Definition, Importance and Limitations of Statistics in Psychology
Population and Sample: Types of Sampling

Module II:

Primary and Secondary Data
Classification and Tabulation of Data,
Frequency Distribution

Module III:

Graphical presentation of Data: Histograms, Frequency polygon, Frequency Curve, Cumulative Frequency Curve (Ogive), Cumulative Percentage Curve

Module IV:

Measures of Central Tendency: Meaning, Application and Computation of Mean, Median and Mode

Module V:

Measures of Variability: Range and Variation; Average deviation, Quartile deviation and Standard deviation

Examination Scheme:

Components	CT	CT/H/P/V/Q	CT	A	EE
Weightage (%)	10	10	5	5	70

CT-Class Test; **H**-Home Assignment; **P**-Presentation; **V**-Viva; **Q**-Quiz; **A**-Attendance; **EE**-End Session Exam

Text & References:

Text:

- Garrett, H. E.: Statistics in Psychology and Education, Vakils, Feffer and Simons Ltd. Bombay
- Aron/Aron&Coups: Statistics for Psychology (5th Ed). Pearson Education
- Howitt, D. & Introduction to Statistics in Psychology (5th Ed). Cramer, D. England: Pearson Education Limited.
- Sprinthall, R.C. : Basic Statistical Analysis. Prentice Hall College Div
- Downie, N. M.: Basic Statistical Methods. Harper & Row Publishers, New York
- Colman, A. M.: Psychological Research Methods and Statistics. London and New York: Longman.
- Gupta, S. C.: Fundamentals of Statistics. N. Delhi: Himalaya
- Siegel, S.: (1956), Non Parametric Statistics, New York, McGraw Hill
- Broota, S.: (1992), Experimental Design in Behaviour Research, New Delhi
- Mohsin, S. M.: Fundamental Statistics for the Behavioural Sciences. Motilal Banarasidas, Patna

References:

- Agrawal, B. L.: Basic Statistics. New Age International
- Guilford, J.P.: Fundamental Statistics in Psychology and Education. McGraw Hill Kogakusha Ltd.
- Minimum, E. W., King, H. M. & Bear G., (1993), Statistical Reasoning in Psychology & Education, 3rd Edition, New York: John Willey & Sons
- Freeman: Statistics in Psychology

PSYCHOLOGICAL PRACTICAL-I

Course Code: PSY2103

Credit Units: 03

Course Objective:

1. To give practical experience to the students in administering and scoring psychological tests and interpreting the scores.
2. To acquaint the students with the basic procedure and design of psychology experiments.
3. To familiarize the students with the use of elementary statistical techniques
4. To encourage and guide the students to undertake a small-scale research project.

Note: Total 5practicals will be conducted in the first semesteramongthe list of following practicals out of which first three practicals are compulsory.

Course Content:

1	Alexander Pass-a-long Test of Intelligence	Intelligence
2	Muller Lyre Apparatus with stand	Perception Illusion
3	Division of Attention Board with reset 6 digit Impulse counter	Attention
4	Leadership Style Scale	Leadership
5	Depth Perception	Perception
6	Marital Coping Scale	Relationship

Examination Scheme:

Components	A	File Demonstration	Viva	EE
Weightage (%)	5	35	35	25

Text & References:

- Mohsin, S. M.:Experiments in Psychology. MotilalBanarasidas
- Woodworth, R.S.:Experimental Psychology. Oxford & IBH & Schlosberg, H. Publishing
- Postman, L. &Egan, J. P.: Experimental Psychology: An Introduction.Harper and Row

HUMAN RIGHTS, VALUES AND ETHICS

Course Code: PSY2105

Credit Units: 03

Course Objective:

The course will address the evolution of international human rights and of the legal instruments designed for their protection. It will study the theoretical foundations of the idea of human rights in India.

Course Contents:

Module I: Introduction to Human Rights

Historical Perspective of Human rights
Meaning and Evolution of Human rights
Theories of Human Rights
Universalization of Human Rights
General Conditions Underlying the idea of human rights

Module II: Human Rights in Indian Context

Indian constitution and Human rights
Implementation of human rights in India
Personal and family rights
Group rights and right to equality

Module III: Human Rights Education

History and Determinants of Human Right Education
Principles of Human Rights Education
Awareness of Human Rights in Children
Protection of Human Rights in School
Global Need of Human Right Education

Module IV: Human and Civil Rights

Property Rights - Copyright - Intellectual Property
Crime and Social Deviance: Anomie
Ethics
Police — Law Enforcement: International Law Enforcement Agencies and National Law Enforcement Agencies

Module V: Values and ethics In India

Human Rights: Values and Ethics
Indian and Western Values and Ethics

Examination Scheme:

Components	CT	CT / H / P / V / Q	CT	A	EE
Weightage (%)	10	10	5	5	70

CT-Class Test; **H**-Home Assignment; **P**-Presentation; **V**-Viva; **Q**-Quiz; **A**-Attendance; **EE**-End Session Exam

Text & References:

Text:

- Shelley, Wright (2001): International Human Rights, Decolonisation and Globalization: Becoming Human. London: Routledge.
- Anthony J. Langlois. (2001): The Politics of Justice and Human Rights: Southeast Asia and Universalist Theory. Cambridge: Cambridge University Press.

References:

- Parish, Steven M. (1994): Moral Knowing in a Hindu Sacred City. N.Y.: Columbia University Press.

READINGS IN PSYCHOLOGY

Course Code: PSY2130

Credit Units: 02

Course Objective:

The objective of this concentration elective is to inculcate reading habit along with value addition to the existing understanding of the subject. The book would be a kind of knowledge enhancer that would envision the student about some current thoughts related to the discipline. The book reading and its critical analysis would help broaden the intellectual horizon of the student. A contemporary and relevant book will be selected by the concerned department.

Guidelines:

The student is expected to thoroughly go through the discipline related prescribed book with the objective of critically reviewing each aspect and character of the book. The student is supposed to have a detailed insight into the following:

1. Content
2. Writing style
3. Information/learning
4. Content handling
5. Characters(if any)
6. Thematic Clarity

The report is to be submitted in about 3000 words on A4 size sheets, Font 12pt., Times New Roman, 1.5 spacing. Headings in Font Size16.

Evaluation Scheme:

Report on the Book in 3000 words	Written Test
50 marks	50 marks

PROJECT (WITH PRESENTATION & EVALUATION)

Course code: PSY2132

Credit Units: 03

Course Objective:

The aim of the project is to provide the students with an opportunity to further their intellectual and personal development in the chosen field by undertaking a significant practical unit of activity. The project can be defined as a scholarly inquiry into a problem or issues, involving a systematic approach to gathering and analysis of information / data, leading to production of a structured report.

Chapter Scheme and distribution of marks:

Chapter 1: Introduction – 10 marks

Chapter 2: Conceptual Framework/ National/International Scenario – 25 marks

Chapter 3: Presentation, Analysis & Findings -- 25 marks

Chapter 4: Conclusion & Recommendations -- 10 marks

Chapter 5: Bibliography -- 05 marks

Project Report	Power Point Presentation & Viva
75 marks	25 marks

Components of a Project Report

The outcome of Project Work is the Project Report. A project report should have the following components:

1) Cover Page: This should contain the title of the project proposal, to whom it is submitted, for which degree, the name of the author, name of the supervisor, year of submission of the project work, name of the University.

2) Acknowledgement: Various organizations and individuals who might have provided assistance /co-operation during the process of carrying out the study.

3) Table of Content: Page-wise listing of the main contents in the report, i.e., different Chapters and its main Sections along with their page numbers.

4) Body of the Report: The body of the report should have these four logical divisions

a) **Introduction:** This will cover the background, rationale/ need / justification, brief review of literature, objectives, methodology (the area of the study, sample, type of study, tools for data collection, and method of analysis), Limitations of the Study, and Chapter Planning.

b) **Conceptual Framework / National and International Scenario:** (relating to the topic of the Project).

c) **Presentation of Data, Analysis and Findings:**(using the tools and techniques mentioned in the methodology).

d) **Conclusion and Recommendations:** In this section, the concluding observations based on the main findings and suggestions are to be provided.

5) Bibliography or References: This section will include the list of books and articles which have been used in the project work, and in writing a project report.

6) Annexures: Questionnaires (if any), relevant reports, etc.

(The main text of the Project should normally be in the range of 5000 words. However, there may be annexure in addition to the main text)

The Steps of a Project Report

Step I : Selection of the topic for the project by taking following points into consideration:

- Suitability of the topic.
- Relevance of the topic
- Time available at the disposal.
- Feasibility of data collection within the given time limit.
- Challenges involved in the data collection (time & cost involved in the data collection, possibility of getting responses, etc.)

Step II: Finalisation of the Topic and preparation of Project Proposal in consultation with the Supervisor.

Step III: Collection of information and data relating to the topic and analysis of the same.

Step IV: Writing the report dividing it into suitable chapters, viz.,

Chapter 1: Introduction,

Chapter 2: Conceptual Framework / National & International Scenario,

Chapter 3: Analysis & Findings

Chapter 4: Conclusion and Recommendations.

Step V: The following documents are to be attached with the Final Project Report.

1) Approval letter from the supervisor(Annexure-IA)

2) Student's declaration (Annexure-IB)

3) Certificate from the Competent Authority of the Organisation / Institution, if the student undertakes the Project Work in any Organisation / Institution.

Guidelines for Evaluation:

- Each of the students has to undertake a Project individually under the supervision of a teacher and to submit the same following the guidelines stated below.
- Language of Project Report and Viva-Voce Examination may be English. The Project Report must be typed and hard bound.
- Failure to submit the Project Report or failure to appear at the Viva-voce Examination will be treated as "Absent" in the Examination. He /she has to submit the Project Report and appear at the Viva-Voce Examination in the subsequent years (within the time period as per University Rules).
- No marks will be allotted on the Project Report unless a candidate appears at the Viva-Voce Examination. Similarly, no marks will be allotted on Viva-Voce Examination unless a candidate submits his/her Project Report.
- Evaluation of the Project Work to be done jointly by one internal expert and one external expert with equal weightage, i.e., average marks of the internal and external experts will be allotted to the candidate.

ARTICLE/ FEATURE WRITING

Course Code: PSY2136

Credit Units: 01

Course Objective:

The objective of this course is to judge the understanding as well as application of the knowledge gained by the students. The aim of an article is to provide the students an opportunity to further enhance their knowledge in an area of their choice by undertaking different **aspects of human behavior and analyzing it** at a level commensurate with the learning outcomes of the various courses taken up by them in the ongoing semester.

The purpose of the article is for the students to draw upon their interest in currently published research literature with the aim of furthering theoretical work in the field of interest.

Guidelines:

1. The article will be related to the contemporary Psychological issue and the topic will be given by the department. The article will be written in around 3000 words.
2. The presentation of the article is scheduled to be held before the commencement of Semester examinations.
3. The article will carry 100 marks that will be marked on the basis of selection of topic, article writing and viva.
4. There are a number of types of articles that are published in psychological journals, including reports of empirical studies (psychological reports), review articles, case studies and theoretical articles. Students may critically assess existing theories, identifying flaws or arguing for the superiority of one theory over another. This is often done through examining a theory's internal consistency and evaluating the level of empirical support for the theory (i.e. studies/experiments). This type of theoretical analysis is what we are expecting from students at undergraduate level.

Examples of a few broad areas for articles (List is indicative, not exhaustive)

- Personality theories
- Emotional Intelligence
- Positive thinking
- Learning
- Self concept
- motivation
- Emotion
- Cognitive process
- Cross cultural Psychology
- Memory enhancement

EVALUATION

Selection of topic & its significance	Article writing		Viva	Total
	Content	References(studies quoted)		
10	30	20	40	100

Syllabus - Second Semester

ABNORMAL PSYCHOLOGY

Course Code: PSY2251

Credit Units: 03

Course Objective:

Abnormal psychology is a branch of psychology that deals with psychopathology and abnormal behavior that causes suffering to the individual and others around him or her, and interferes with functioning in a significant way. The term covers a broad range of disorders, from depression to obsession-compulsion to sexual deviation and many more. The study of abnormal psychology also includes learning about the factors, situations, and conditions that cause mental disorders and how they may be best treated.

Course Content:

Module I: Introduction

Concept of abnormality: Criteria and Perspectives

Classification: DSM IV-R, conceptual and operational evaluation.

Casual factors in Psychopathological Behaviour

- (a) Biological determinants
- (b) Psychological determinants
- (c) Socio-cultural determinants

Module II: Neurosis and Psychosis

Concept and Difference between both the two

Module III: Neurotic Disorder

Generalized anxiety disorders

Obsessive-Compulsive disorders

Phobic Disorders

Eating Disorder

Module IV: Mood Disorders

Depression

Bipolar Disorder

Module V: Psychotic Disorder

Bipolar disorders: Manic, Depressive, Mixed

Psychotic depression

Delusional Disorder

Schizophrenia

Module VI: Mental Retardation and Development Disorders

Levels of mental retardation, Organic factors in mental retardation.

Autism: Clinical picture and casual factors.

Childhood Disorder

Module VII: Substance Abuse Disorders

Alcoholism
Drug Addition
Module VIII:
Psychosomatic Disorder
Somatoform Disorders
Personality Disorders

Examination Scheme:

Components	CT	CT/H/P/V/Q	CT	A	EE
Weightage (%)	10	10	5	5	70

CT-Class Test; **H**-Home Assignment; **P**-Presentation; **V**-Viva; **Q**-Quiz; **A**-Attendance; **EE**-End Session Exam

Text & References:

Text:

- Page, J.D.: Abnormal Psychology. New Delhi: Tata McGraw Hill Publishing Company Limited
- Shanmugam, T.E.: Abnormal Psychology. New Delhi: Tata McGraw Hill Publishing Company Limited
- Coleman, J.C.: Abnormal Psychology and Modern Life. Bombay: D.B. Taraporewala Sons.&OCLtd.
- Davison G.C.& Neale, J. M.: Abnormal Psychology. New York: John Willey&Sons.
- Carson, R.C., Butcher, J.N. & Mineka, S.: Abnormal Psychology and Modern Life. Delhi: & Person Education, 2000
- Sarason, I. G. & Sarason, B. R.: Abnormal Psychology: The Problem of Maladaptive Behaviour, 11th Ed. Prentice-Hall
- Mangal, S. K.: Abnormal Psychology. New Delhi: Sterling Publishers Pvt Ltd

References:

- Comer, R. J.: Abnormal Psychology, 5th Ed. Worth Publishers
- Kumar, V.: Abnormal Psychology: Causes and Treatment. AadiPublications
- Kaur, R.: Abnormal Psychology: New Trends and Innovations Delhi: Deep & Deep Publications (P) Ltd.

ADVANCED STATISTICS

Course Code: PSY2201

Credit Units: 03

Course Objective:

The paper on statistics introduces quantification of psychological data and gives primary research orientation to the students.

Course Contents:

Module I: The Normal Curve

Characteristics and Problems in Normal Probability Curve (NPC), The Standard Normal Curve.

Module II: Significance of mean

Computation of the standard error of mean, application and interpretation, Z-test, The 't' distribution, Degrees of freedom, Levels of significance, Standard error of difference between two independent means (t-test: Large & small samples), Type I and Type II errors

Module III: Chi-Square Test (Non-Parametric Method)

Meaning, Test of Hypothesis with equal probability, Chi-Square with 2*2 table

Module IV: Analysis of Variance

Hypothesis testing with the help of One way ANOVA (f-test)

Module V: Parametric Vs Non-parametric Statistics

Introduction, Assumptions, basic differences, uses of parametric and Non-parametric tests

Examination Scheme:

Components	CT	CT/H/P/V/Q	CT	A	EE
Weightage (%)	10	10	5	5	70

CT-Class Test; H-Home Assignment; P-Presentation; V-Viva; Q-Quiz; A-Attendance; EE-End Session Exam

Text & References:

Text:

- Garrett, H. E.: Statistics in Psychology and Education, Vakils, Feffer and Simons Ltd. Bombay
- Aron/Aron&Coups: Statistics for Psychology (5th Ed). Pearson Education
- Howitt, D. &: Introduction to Statistics in Psychology (5th Ed). Cramer, D. England: Pearson Education Limited.
- Sprinthall, R.C. : Basic Statistical Analysis. Prentice Hall College Div
- Downie, N. M.: Basic Statistical Methods. Harper & Row Publishers, New York
- Colman, A. M.: Psychological Research Methods and Statistics. London and New York: Longman.
- Gupta, S. C.: Fundamentals of Statistics. N. Delhi: Himalaya
- Siegel, S.: (1956), Non Parametric Statistics, New York, McGraw Hill
- Broota, S.: (1992), Experimental Design in Behaviour Research, New Delhi
- Mohsin, S. M.: Fundamental Statistics for the Behavioural Sciences. Motilal Banarasidas, Patna

References:

- Agrawal, B. L.:Basic Statistics. New Age International
- Guilford, J.P.:Fundamental Statistics in Psychology and Education. McGraw Hill Kogakusha Ltd.
- Minimum, E. W., King, H. M. & Bear G., (1993), Statistical Reasoning in Psychology & Education, 3rd Edition, New York: John Willey & Sons
- Freeman: Statistics in Psychology

PSYCHOLOGICAL PRACTICAL- II

Course Code: PSY2203

Credit Units: 03

Course Objective:

- To give practical experience to the students in administering and scoring psychological tests and interpreting the scores.
- To acquaint the students with the basic procedure and design of psychology experiments.
- To familiarize the students with the use of elementary statistical techniques
- To encourage and guide the students to undertake a small-scale research project.

Note: Total 5 practicals will be conducted in the second semester among the list of following practicals out of which first three practicals are compulsory.

Course Content:

1	Mirror Drawing	Motor Learning
2	Rey Auditory Verbal Learning Test	Verbal Learning
3	Emotions & Expressions	Emotion
4	Coopersmith Self Esteem Inventory	Self Esteem
5	Emotional Intelligence Test	Intelligence
6	Quality Of Marital Relationship scale	Relationship

Examination Scheme:

Components	A	File Demonstration	Viva	EE
Weightage (%)	5	35	35	25

Text & References:

- Mohsin, S. M.: Experiments in Psychology. Motilal Banarasi Das
- Woodworth, R.S.: Experimental Psychology. Oxford & IBH & Schlosberg, H. Publishing
- Postman, L. & Egan, J. P.: Experimental Psychology: An Introduction. Harper and Row

READINGS IN PSYCHOLOGY

Course Code: PSY2230

Credit Units: 02

Objectives:

The objective of this concentration elective is to inculcate reading habit along with value addition to the existing understanding of the subject. The book would be a kind of knowledge enhancer that would envision the student about some current thoughts related to the discipline. The book reading and its critical analysis would help broaden the intellectual horizon of the student. A contemporary and relevant book will be selected by the concerned department.

Guidelines:

The student is expected to thoroughly go through the discipline related prescribed book with the objective of critically reviewing each aspect and character of the book. The student is supposed to have a detailed insight into the following:

1. Content
2. Writing style
3. Information/learning
4. Content handling
5. Characters(if any)
6. Thematic Clarity

The report is to be submitted in about 3000 words on A4 size sheets, Font 12pt., Times New Roman, 1.5 spacing. Headings in Font Size 16

Evaluation Scheme:

Report on the Book in 3000 words	Written Test
50 marks	50 marks

PROJECT (WITH PRESENTATION & EVALUATION)

Course code: PSY2232

Credit Units: 03

Course Objective:

The aim of the project is to provide the students with an opportunity to further their intellectual and personal development in the chosen field by undertaking a significant practical unit of activity. The project can be defined as a scholarly inquiry into a problem or issues, involving a systematic approach to gathering and analysis of information / data, leading to production of a structured report.

Chapter Scheme and distribution of marks:

Chapter 1: Introduction – 10 marks

Chapter 2: Conceptual Framework/ National/International Scenario – 25 marks

Chapter 3: Presentation, Analysis & Findings -- 25 marks

Chapter 4: Conclusion & Recommendations -- 10 marks

Chapter 5: Bibliography -- 05 marks

Project Report	Power Point Presentation & Viva
75 marks	25 marks

Components of a Project Report

The outcome of Project Work is the Project Report. A project report should have the following components:

1) Cover Page: This should contain the title of the project proposal, to whom it is submitted, for which degree, the name of the author, name of the supervisor, year of submission of the project work, name of the University.

2) Acknowledgement: Various organizations and individuals who might have provided assistance /co-operation during the process of carrying out the study.

3) Table of Content: Page-wise listing of the main contents in the report, i.e., different Chapters and its main Sections along with their page numbers.

4) Body of the Report: The body of the report should have these four logical divisions

a) **Introduction:** This will cover the background, rationale/ need / justification, brief review of literature, objectives, methodology (the area of the study, sample, type of study, tools for data collection, and method of analysis), Limitations of the Study, and Chapter Planning.

b) **Conceptual Framework / National and International Scenario:** (relating to the topic of the Project).

c) **Presentation of Data, Analysis and Findings:**(using the tools and techniques mentioned in the methodology).

d) **Conclusion and Recommendations:** In this section, the concluding observations based on the main findings and suggestions are to be provided.

5) Bibliography or References: This section will include the list of books and articles which have been used in the project work, and in writing a project report.

6) Annexures: Questionnaires (if any), relevant reports, etc.

(The main text of the Project should normally be in the range of 5000 words. However, there may be annexure in addition to the main text)

The Steps of a Project Report

Step I : Selection of the topic for the project by taking following points into consideration:

- Suitability of the topic.
- Relevance of the topic
- Time available at the disposal.
- Feasibility of data collection within the given time limit.
- Challenges involved in the data collection (time & cost involved in the data collection, possibility of getting responses, etc.)

Step II: Finalisation of the Topic and preparation of Project Proposal in consultation with the Supervisor.

Step III: Collection of information and data relating to the topic and analysis of the same.

Step IV: Writing the report dividing it into suitable chapters, viz.,

Chapter 1: Introduction,

Chapter 2: Conceptual Framework / National & International Scenario,

Chapter 3: Analysis & Findings

Chapter 4: Conclusion and Recommendations.

Step V: The following documents are to be attached with the Final Project Report.

1) Approval letter from the supervisor (Annexure-IA)

2) Student's declaration (Annexure-IB)

3) Certificate from the Competent Authority of the Organisation / Institution, if the student undertakes the Project Work in any Organisation / Institution.

Guidelines for Evaluation:

- Each of the students has to undertake a Project individually under the supervision of a teacher and to submit the same following the guidelines stated below.
- Language of Project Report and Viva-Voce Examination may be English. The Project Report must be typed and hard bound.
- Failure to submit the Project Report or failure to appear at the Viva-voce Examination will be treated as "Absent" in the Examination. He /she has to submit the Project Report and appear at the Viva-Voce Examination in the subsequent years (within the time period as per University Rules).
- No marks will be allotted on the Project Report unless a candidate appears at the Viva-Voce Examination. Similarly, no marks will be allotted on Viva-Voce Examination unless a candidate submits his/her Project Report.
- Evaluation of the Project Work to be done jointly by one internal expert and one external expert with equal weightage, i.e., average marks of the internal and external experts will be allotted to the candidate.

ARTICLE/FEATURE WRITING

Course Code: PSY2236

Credit Units: 01

Course Objective:

The objective of this course is to judge the understanding as well as application of the knowledge gained by the students. The aim of an article is to provide the students with an opportunity to further enhance their knowledge in an area of their choice by undertaking different **aspects of human behavior and analyzing it** at a level commensurate with the learning outcomes of the various courses taken up by them in the ongoing semester.

The purpose of the article is for the students to draw upon their interest in currently published research literature with the aim of furthering theoretical work in the field of interest.

Guidelines:

1. The article will be related to the contemporary Psychological issue and the topic will be given by the department. The article will be written in around 3000 words.
2. The presentation of the article is scheduled to be held before the commencement of Semester examinations.
3. The article will carry 100 marks that will be marked on the basis of selection of topic, article writing and viva.
4. There are a number of types of articles that are published in psychological journals, including reports of empirical studies (psychological reports), review articles, case studies and theoretical articles. Students may critically assess existing theories, identifying flaws or arguing for the superiority of one theory over another. This is often done through examining a theory's internal consistency and evaluating the level of empirical support for the theory (i.e. studies/experiments). This type of theoretical analysis is what we are expecting from students at undergraduate level.

Examples of a few broad areas for articles (List is indicative, not exhaustive)

- Personality theories
- Emotional Intelligence
- Positive thinking
- Learning
- Self concept
- motivation
- Emotion
- Cognitive process
- Cross cultural Psychology
- Memory enhancement

EVALUATION

Selection of topic & its significance	Article writing		Viva	Total
	Content	References(studies quoted)		
10	30	20	40	100

Syllabus – Third Semester

PSYCHOLOGICAL PRACTICAL-III

Course Code: PSY2302

Credit Units: 03

Course Objective:

- To give practical experience to the students in administering and scoring psychological tests and interpreting the scores.
- To acquaint the students with the basic procedure and design of psychology experiments.
- To familiarize the students with the use of elementary statistical techniques
- To encourage and guide the students to undertake a small-scale research project.

Note: Total 5 practicals will be conducted in the third semester among the list of following practicals out of which first three practicals are compulsory.

Course Content:

1	Aggression Questionnaire	Aggression
2	Draw A Person Intellectual Ability Test	Intelligence
3	Multidimensional Self Concept Scale	Self-Concept
4	Swaroop Mehta Test Of Thinking Strategy	Thinking
5	Critical Thinking For Activities of Daily Living and Communication	Thinking
6	Marital Compatibility Index	Relationship

Examination Scheme:

Components	A	File Demonstration	Viva	EE
Weightage (%)	5	35	35	25

Text & References:

- Mohsin, S. M.: Experiments in Psychology. Motilal Banarasi Das
- Woodworth, R.S.: Experimental Psychology. Oxford & IBH & Schlosberg, H. Publishing
- Postman, L. & Egan, J. P.: Experimental Psychology: An Introduction. Harper and Row

SUMMER PROJECT EVALUATION-I

Course Code: PSY2335

Credit Units: 03

Course Objective:

To enable the students with the practical exposure in their core area of interest (Corporate Sector, NGOs, Hospitals etc.), which in turn will be the pathway to their personal and professional training. It will also help students to develop report writing skills.

Duration: Two Months (June- July)

Methodology:

Students get opportunity in diversified Institutes e.g. Corporate Sector, Schools, NGOs and Hospitals. They will be guided by an internal and external supervisor from their respective Institute. Students will submit their summer project reports with their supervised daily reporting. Immediately after returning from their summer vacations. This would require primary data collection.

Examination Scheme:

Internal Faculty Interaction	20 Marks
Feedback from External Supervisor	20 Marks
Viva Voce	30 Marks
Report Writing	30 Marks
Total	100 Marks

SPORTS PSYCHOLOGY

Course Code: PSY2304

Credit Units: 03

Course Objectives:

- To trace the development of sports psychology as an independent discipline with its multidimensional perspectives;
- to identify the relationship of personality and situational factors with performance on individual and team events; and
- to apply the psychological interventions in sports

Course Contents:

Module I:

Nature, Historical & recent perspectives on sports psychology

Module II:

The role of stress, arousal, anxiety and attention in the performance of individual and team sports

Module III:

Motivation, skills and performance, personality profiles of successful sports persons

Module IV:

Cognitive and social psychological dimensions of individual & team sports

Module V:

Training/Coaching techniques, cognitive and behavioral interventions, the role of Sports Psychologists

Examination Scheme:

Components	CT	CT/H/P/V/Q	CT	A	EE
Weightage (%)	10	10	5	5	70

CT-Class Test; H-Home Assignment; P-Presentation; V-Viva; Q-Quiz; A-Attendance; EE-End Session Exam

Text & References:

Text:

- Jarvis, M.: Sport Psychology. Routledge Publication
- Sejwal, S. M. (2011): Sport Psychology. Pacific Publication.

References:

- Thatcher: Sports and Exercise Psychology

READINGS IN PSYCHOLOGY

Course Code: PSY2330

Credit Units: 02

Course Objective:

The objective of this concentration elective is to inculcate reading habit along with value addition to the existing understanding of the subject. The book would be a kind of knowledge enhancer that would envision the student about some current thoughts related to the discipline. The book reading and its critical analysis would help broaden the intellectual horizon of the student. A contemporary and relevant book will be selected by the concerned department.

Guidelines:

The student is expected to thoroughly go through the discipline related prescribed book with the objective of critically reviewing each aspect and character of the book. The student is supposed to have a detailed insight into the following:

1. Content
2. Writing style
3. Information/learning
4. Content handling
5. Characters(if any)
6. Thematic Clarity

The report is to be submitted in about 3000 words on A4 size sheets, Font 12pt., Times New Roman, 1.5 spacing. Headings in Font Size 16.

Evaluation Scheme:

Report on the Book in 3000 words	Written Test
50 marks	50 marks

TERM PAPER

Course Code: PSY2331

Credit Units: 02

Course Objective:

The rationale behind introducing the term paper for BA (H) Students is to enhance the reading and writing habits of the students and to make them aware about the process of carrying out a research work. This helps them to develop insight into the course they are studying which creates an academic interest among the students. Presentation of the term paper plays an important role as it facilitates knowledge sharing and improvement in presentation skills which will further enhance the confidence of the students. The overall objective of this term paper is to develop research orientations in students and to make them understand and enhance skills in Research Methodology.

Guidelines for Term Paper:

1. Topic
2. Introduction
3. Review Research
4. Key Learning: minimum 5 pgs handwritten
5. Conclusion
6. References
7. No. of pages in the compilation of the paper 25-30 (minimum 25 pages)

Examination Scheme:

Compilation of Term Paper	50 Marks
Viva Voce	25 Marks
Presentation of Term Paper	25 Marks
Total	100 Marks

PROJECT (WITH PRESENTATION & EVALUATION)

Course code: PSY2332

Credit Units: 03

Course Objective:

The aim of the project is to provide the students with an opportunity to further their intellectual and personal development in the chosen field by undertaking a significant practical unit of activity. The project can be defined as a scholarly inquiry into a problem or issues, involving a systematic approach to gathering and analysis of information / data, leading to production of a structured report.

Chapter Scheme and distribution of marks:

Chapter 1: Introduction – 10 marks

Chapter 2: Conceptual Framework/ National/International Scenario – 25 marks

Chapter 3: Presentation, Analysis & Findings -- 25 marks

Chapter 4: Conclusion & Recommendations -- 10 marks

Chapter 5: Bibliography -- 05 marks

Project Report	Power Point Presentation & Viva
75 marks	25 marks

Components of a Project Report

The outcome of Project Work is the Project Report. A project report should have the following components:

1) Cover Page: This should contain the title of the project proposal, to whom it is submitted, for which degree, the name of the author, name of the supervisor, year of submission of the project work, name of the University.

2) Acknowledgement: Various organizations and individuals who might have provided assistance /co-operation during the process of carrying out the study.

3) Table of Content: Page-wise listing of the main contents in the report, i.e., different Chapters and its main Sections along with their page numbers.

4) Body of the Report: The body of the report should have these four logical divisions

a) **Introduction:** This will cover the background, rationale/ need / justification, brief review of literature, objectives, methodology (the area of the study, sample, type of study, tools for data collection, and method of analysis), Limitations of the Study, and Chapter Planning.

b) **Conceptual Framework / National and International Scenario:** (relating to the topic of the Project).

c) **Presentation of Data, Analysis and Findings:**(using the tools and techniques mentioned in the methodology).

d) **Conclusion and Recommendations:** In this section, the concluding observations based on the main findings and suggestions are to be provided.

5) Bibliography or References: This section will include the list of books and articles which have been used in the project work, and in writing a project report.

6) Annexures: Questionnaires (if any), relevant reports, etc.

(The main text of the Project should normally be in the range of 5000 words. However, there may be annexure in addition to the main text)

The Steps of a Project Report

Step I : Selection of the topic for the project by taking following points into consideration:

- Suitability of the topic.
- Relevance of the topic
- Time available at the disposal.
- Feasibility of data collection within the given time limit.
- Challenges involved in the data collection (time & cost involved in the data collection, possibility of getting responses, etc.)

Step II: Finalisation of the Topic and preparation of Project Proposal in consultation with the Supervisor.

Step III: Collection of information and data relating to the topic and analysis of the same.

Step IV: Writing the report dividing it into suitable chapters, viz.,

Chapter 1: Introduction,

Chapter 2: Conceptual Framework / National & International Scenario,

Chapter 3: Analysis & Findings

Chapter 4: Conclusion and Recommendations.

Step V: The following documents are to be attached with the Final Project Report.

1) Approval letter from the supervisor (Annexure-IA)

2) Student's declaration (Annexure-IB)

3) Certificate from the Competent Authority of the Organisation / Institution, if the student undertakes the Project Work in any Organisation / Institution.

Guidelines for Evaluation:

- Each of the students has to undertake a Project individually under the supervision of a teacher and to submit the same following the guidelines stated below.
- Language of Project Report and Viva-Voce Examination may be English. The Project Report must be typed and hard bound.
- Failure to submit the Project Report or failure to appear at the Viva-voce Examination will be treated as "Absent" in the Examination. He /she has to submit the Project Report and appear at the Viva-Voce Examination in the subsequent years (within the time period as per University Rules).
- No marks will be allotted on the Project Report unless a candidate appears at the Viva-Voce Examination. Similarly, no marks will be allotted on Viva-Voce Examination unless a candidate submits his/her Project Report.
- Evaluation of the Project Work to be done jointly by one internal expert and one external expert with equal weightage, i.e., average marks of the internal and external experts will be allotted to the candidate.

WORKSHOP/ CERTIFICATION

Course Code: PSY2333

Credit Units: 01

Course Objective

A workshop is primarily an activity based academic event that is organized to provide the students a one to one and hands on experience on any aspect of their learning. The communication in a workshop has to be necessarily two way. The trainer has to make sure that the aspects covered are practically practiced by the participants. The student will choose the option of workshop from amongst their concentration electives. The evaluation will be done by Board of examiners comprising of the faculties.

Major Themes for Workshop

The workshop may be conducted on any of the following major themes:

- Experimental Psychology
- Health Psychology
- Industrial Psychology
- Organizational Behaviour
- Sports Psychology
- Social Psychology
- Cognitive Psychology

These themes are merely indicative and other recent and relevant topics of study may be included.

Guidelines for Workshop

The procedure for earning credits from workshop consists of the following steps:

1. Relevant study material and references will be provided by the trainer in advance.
2. The participants are expected to explore the topic in advance and take active part in the discussions held
3. Attending and participating in all activities of the workshop
4. Group Activities have to be undertaken by students as guided by the trainer.
5. Evaluation of workshop activities would be done through test and quiz at the end of the workshop.
6. Submitting a write up of atleast 500 words about the learning outcome from the workshop.

Methodology

The methodology followed at the workshop could be based on any one or more of the following methods:

Case Study

Group Activity

Role Play

Quiz

Evaluation Scheme:

Attendance	Active Participation	Multiple Choice Questions/ Quiz	Solving the case/ Assignment/ Write up	Total
10	30	30	30	100

ARTICLE/ FEATURE WRITING

Course Code: PSY2336

Credit Units: 01

Course Objective:

The objective of this course is to judge the understanding as well as application of the knowledge gained by the students. The aim of an article is to provide the students an opportunity to further enhance their knowledge in an area of their choice by undertaking different **aspects of human behavior and analyzing it** at a level commensurate with the learning outcomes of the various courses taken up by them in the ongoing semester.

The purpose of the article is for the students to draw upon their interest in currently published research literature with the aim of furthering theoretical work in the field of interest.

Guidelines:

1. The article will be related to the contemporary Psychological issue and the topic will be given by the department. The article will be written in around 3000 words.
2. The presentation of the article is scheduled to be held before the commencement of Semester examinations.
3. The article will carry 100 marks that will be marked on the basis of selection of topic, article writing and viva.
4. There are a number of types of articles that are published in psychological journals, including reports of empirical studies (psychological reports), review articles, case studies and theoretical articles.

Students may critically assess existing theories, identifying flaws or arguing for the superiority of one theory over another. This is often done through examining a theory's internal consistency and evaluating the level of empirical support for the theory (i.e. studies/experiments). This type of theoretical analysis is what we are expecting from students at undergraduate level.

Examples of a few broad areas for articles (List is indicative, not exhaustive)

- Personality theories
- Emotional Intelligence
- Positive thinking
- Learning
- Self concept
- motivation
- Emotion
- Cognitive process
- Cross cultural Psychology
- Memory enhancement

EVALUATION

Selection of topic & its significance	Article writing		Viva	Total
	Content	References(studies quoted)		
10	30	20	40	100

Syllabus – Fourth Semester

PSYCHOLOGICAL PRACTICAL- IV

Course Code: PSY2402

Credit Units: 03

Course Objective:

- To give practical experience to the students in administering and scoring psychological tests and interpreting the scores.
- To acquaint the students with the basic procedure and design of psychology experiments.
- To familiarize the students with the use of elementary statistical techniques
- To encourage and guide the students to undertake a small-scale research project.

Note: Total 5 practicals will be conducted in the Fourth semester among the list of following practicals out of which first three practicals are compulsory.

Course Content:

1	Developmental Screening Test	Development
2	Memory Drum Apparatus	Memory
3	Vocational Preference Inventory	Personality-Non Projective
4	Students Stress Scale	Stress
5	Authentic Leadership Questionnaire	Leadership
6	Thematic Apperception Test	Personality-Projective

Examination Scheme:

Components	A	File Demonstration	Viva	EE
Weightage (%)	5	35	35	25

Text & References:

- Mohsin, S. M.:Experiments in Psychology. MotilalBanarasidas
- Woodworth, R.S.:Experimental Psychology. Oxford & IBH & Schlosberg, H. Publishing
- Postman, L. &Egan, J. P.: Experimental Psychology: An Introduction.Harper and Row

APPLIED SOCIAL PSYCHOLOGY

Course Code: PSY2406

Credit Units: 03

Course Objective:

Social Psychology is the study of social interaction and social influence. As such, it remains one of the most comprehensive and personally relevant areas within the field of psychology. This course has following objectives.

- To expand your knowledge about social psychology and human behavior.
- To foster respect for human diversity, particularly with regard to matters of gender, race and ethnicity.
- To enable students to (a) understand the forces that create group differences in patterns of social behavior, (b) understand and tolerate the behavior of other people, particularly that of members of the diverse array of groups and social categories to which they do not belong, (c) recognize the limits in generalizing psychological research to all cultural/gender/ethnic/age groups, and (d) understand the dynamics of intergroup relationships, conflict, and cooperation.

Course Contents:

Module I: Introduction

Social Psychology in the workplace, Social Psychology in the clinic,
Social Psychology of poverty and deprivation, Psychology of collective behaviour

Module II: Group Process

Group Structure: Nature and Function
Task Performance: Social Interaction, Social facilitation, Social Loafing
Conformity: Factors affecting Conformity
Coordination in Groups and Group Cohesiveness

Module III: Attitude

Nature and Determinants of Attitude
Formation, Change and Measurement of Attitudes: Likert Scale, Thurstone Scale, Bogardus Scale

Module IV: Prejudices, Discrimination and Stereotypes

Nature and Components of Prejudice, Discrimination and Stereotypes
Acquisition and techniques of Reduction

Module V: Leadership

Definition, Nature and Function of Leadership
Types, Qualities and Theories of Leadership: Trait Approach, Situational Approach, Interactional Approach

Examination Scheme:

Components	CT	CT/H/P/V/Q	CT	A	EE
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Weightage (%)	10	10	5	5	70
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CT-Class Test; **H**-Home Assignment; **P**-Presentation; **V**-Viva; **Q**-Quiz; **A**- Attendance; **EE**-End Session Exam

Text & References:

Text:

- Myers, D. G.: Social Psychology (10th Ed). New York: McGraw Hill
- Feldman, R. S.: Social Psychology: Theories, Research and Application. New York: McGraw Hill
- Secord, P.F. & Backman, C. N.: Social Psychology. USA: McGraw-Hill
- Baran, R.A. & Byrne, D.: Social Psychology. Boston, MA: Pearson Allyn and Bacon.
- Aronson, E., Wilson, T. D.: Social Psychology (7th ed.). Upper Saddle & Akert, R. M. River, NJ: Prentice Hall.
- Wrightsman, L. S.: Social Psychology. Brooks/Cole Pub. Co.
- Alcock, J. E.; Carment, D. W.; Sadava, S. W.; Collins, J. E. & Green, J. M.: A textbook of Social Psychology (6th Ed) Scarborough, Ontario: Prentice Hall / Alliy & Bacon
- Sharma, R. K. & Sharma, R.: Social Psychology. New Delhi: Atlantic Publishers and Distributors

References:

- Krutchfield, R. S.: Theories and Problems of Social Psychology
- Baumeister, R. F. & Belmont, C.A.: Social Psychology and Human Nature (2nd Bushman, B. J. ed). Thomson/Wadsworth
- Kuppuswamy: Introduction to Social Psychology

READINGS IN PSYCHOLOGY

Course Code: PSY2430

Credit Units: 02

Course Objective:

The objective of this concentration elective is to inculcate reading habit along with value addition to the existing understanding of the subject. The book would be a kind of knowledge enhancer that would envision the student about some current thoughts related to the discipline. The book reading and its critical analysis would help broaden the intellectual horizon of the student. A contemporary and relevant book will be selected by the concerned department.

Guidelines:

The student is expected to thoroughly go through the discipline related prescribed book with the objective of critically reviewing each aspect and character of the book. The student is supposed to have a detailed insight into the following:

1. Content
2. Writing style
3. Information/learning
4. Content handling
5. Characters(if any)
6. Thematic Clarity

The report is to be submitted in about 3000 words on A4 size sheets, Font 12pt., Times New Roman, 1.5 spacing. Headings in Font Size 16

Evaluation Scheme:

Report on the Book in 3000 words	Written Test
50 marks	50 marks

TERM PAPER

Course Code: PSY2431

Credit Units: 02

Course Objective:

The rationale behind introducing the term paper for BA Students is to enhance the reading and writing habits of the students and to make them aware about the process of carrying out a research work. This helps them to develop insight into the course they are studying which creates an academic interest among the students. Presentation of the term paper plays an important role as it facilitates knowledge sharing and improvement in presentation skills which will further enhance the confidence of the students. The overall objective of this term paper is to develop research orientations in students and to make them understand and enhance skills in Research Methodology.

Guidelines for Term Paper:

1. Topic
2. Introduction
3. Review Research
4. Key Learning: minimum 5 pgs handwritten
5. Conclusion
6. References
7. No. of pages in the compilation of the paper 25-30 (minimum 25 pages)

Examination Scheme:

Compilation of Term Paper	50 Marks
Viva Voce	25 Marks
Presentation of Term Paper	25 Marks

Total **100 Marks**

PROJECT (WITH PRESENTATION & EVALUATION)

Course code: PSY2432

Credit Units: 03

Course Objective:

The aim of the project is to provide the students with an opportunity to further their intellectual and personal development in the chosen field by undertaking a significant practical unit of activity. The project can be defined as a scholarly inquiry into a problem or issues, involving a systematic approach to gathering and analysis of information / data, leading to production of a structured report.

Chapter Scheme and distribution of marks:

Chapter 1: Introduction – 10 marks

Chapter 2: Conceptual Framework/ National/International Scenario – 25 marks

Chapter 3: Presentation, Analysis & Findings -- 25 marks

Chapter 4: Conclusion & Recommendations -- 10 marks

Chapter 5: Bibliography -- 05 marks

Project Report	Power Point Presentation & Viva
75 marks	25 marks

Components of a Project Report

The outcome of Project Work is the Project Report. A project report should have the following components:

1) Cover Page: This should contain the title of the project proposal, to whom it is submitted, for which degree, the name of the author, name of the supervisor, year of submission of the project work, name of the University.

2) Acknowledgement: Various organizations and individuals who might have provided assistance /co-operation during the process of carrying out the study.

3) Table of Content: Page-wise listing of the main contents in the report, i.e., different Chapters and its main Sections along with their page numbers.

4)Body of the Report: The body of the report should have these four logical divisions

a) **Introduction:** This will cover the background, rationale/ need / justification, brief review of literature, objectives, methodology (the area of the study, sample, type of study, tools for data collection, and method of analysis), Limitations of the Study, and Chapter Planning.

b) **Conceptual Framework / National and International Scenario:** (relating to the topic of the Project).

c) **Presentation of Data, Analysis and Findings:**(using the tools and techniques mentioned in the methodology).

d) **Conclusion and Recommendations:** In this section, the concluding observations based on the main findings and suggestions are to be provided.

5) Bibliography or References: This section will include the list of books and articles which have been used in the project work, and in writing a project report.

6) Annexures: Questionnaires (if any), relevant reports, etc.

(The main text of the Project should normally be in the range of 5000 words. However, there may be annexure in addition to the main text)

The Steps of a Project Report

Step I : Selection of the topic for the project by taking following points into consideration:

- Suitability of the topic.
- Relevance of the topic
- Time available at the disposal.
- Feasibility of data collection within the given time limit.
- Challenges involved in the data collection (time & cost involved in the data collection, possibility of getting responses, etc.)

Step II: Finalisation of the Topic and preparation of Project Proposal in consultation with the Supervisor.

Step III: Collection of information and data relating to the topic and analysis of the same.

Step IV: Writing the report dividing it into suitable chapters, viz.,

Chapter 1: Introduction,

Chapter 2: Conceptual Framework / National & International Scenario,

Chapter 3: Analysis & Findings

Chapter 4: Conclusion and Recommendations.

Step V: The following documents are to be attached with the Final Project Report.

- 1) Approval letter from the supervisor (Annexure-IA)
- 2) Student's declaration (Annexure-IB)
- 3) Certificate from the Competent Authority of the Organisation / Institution, if the student undertakes the Project Work in any Organisation / Institution.

Guidelines for Evaluation:

- Each of the students has to undertake a Project individually under the supervision of a teacher and to submit the same following the guidelines stated below.
- Language of Project Report and Viva-Voce Examination may be English. The Project Report must be typed and hard bound.
- Failure to submit the Project Report or failure to appear at the Viva-voce Examination will be treated as "Absent" in the Examination. He /she has to submit the Project Report and appear at the Viva-Voce Examination in the subsequent years (within the time period as per University Rules).
- No marks will be allotted on the Project Report unless a candidate appears at the Viva-Voce Examination. Similarly, no marks will be allotted on Viva-Voce Examination unless a candidate submits his/her Project Report.
- Evaluation of the Project Work to be done jointly by one internal expert and one external expert with equal weightage, i.e., average marks of the internal and external experts will be allotted to the candidate.

WORKSHOP/ CERTIFICATION

Course Code: PSY2433

Credit Units: 01

Course Objectives:

A workshop is primarily an activity based academic event that is organized to provide the students a one to one and hands on experience on any aspect of their learning. The communication in a workshop has to be necessarily two way. The trainer has to make sure that the aspects covered are practically practiced by the participants. The student will choose the option of workshop from amongst their concentration electives. The evaluation will be done by Board of examiners comprising of the faculties.

Major Themes for Workshop

The workshop may be conducted on any of the following major themes:

- Experimental Psychology
- Health Psychology
- Industrial Psychology
- Organizational Behaviour
- Sports Psychology
- Social Psychology
- Cognitive Psychology

These themes are merely indicative and other recent and relevant topics of study may be included.

Guidelines for Workshop

The procedure for earning credits from workshop consists of the following steps:

1. Relevant study material and references will be provided by the trainer in advance.
2. The participants are expected to explore the topic in advance and take active part in the discussions held
3. Attending and participating in all activities of the workshop
4. Group Activities have to be undertaken by students as guided by the trainer.
5. Evaluation of workshop activities would be done through test and quiz at the end of the workshop.
6. Submitting a write up of atleast 500 words about the learning outcome from the workshop.

Methodology

The methodology followed at the workshop could be based on any one or more of the following methods:

Case Study

Group Activity

Role Play

Quiz

Evaluation Scheme:

Attendance	Active Participation	Multiple Choice Questions/ Quiz	Solving the case/ Assignment/ Write up	Total
10	30	30	30	100

ARTICLE/FEATURE WRITING

Course Code: PSY2436

Credit Units: 01

Course Objective:

The objective of this course is to judge the understanding as well as application of the knowledge gained by the students. The aim of an article is to provide the students an opportunity to further enhance their knowledge in an area of their choice by undertaking different **aspects of human behavior and analyzing it** at a level commensurate with the learning outcomes of the various courses taken up by them in the ongoing semester.

The purpose of the article is for the students to draw upon their interest in currently published research literature with the aim of furthering theoretical work in the field of interest.

Guidelines:

1. The article will be related to the contemporary Psychological issue and the topic will be given by the department. The article will be written in around 3000 words.
2. The presentation of the article is scheduled to be held before the commencement of Semester examinations.
3. The article will carry 100 marks that will be marked on the basis of selection of topic, article writing and viva.
4. There are a number of types of articles that are published in psychological journals, including reports of empirical studies (psychological reports), review articles, case studies and theoretical articles. Students may critically assess existing theories, identifying flaws or arguing for the superiority of one theory over another. This is often done through examining a theory's internal consistency and evaluating the level of empirical support for the theory (i.e. studies/experiments). This type of theoretical analysis is what we are expecting from students at undergraduate level.

Examples of a few broad areas for articles (List is indicative, not exhaustive)

- Personality theories
- Emotional Intelligence
- Positive thinking
- Learning
- Self concept
- motivation
- Emotion
- Cognitive process
- Cross cultural Psychology
- Memory enhancement

EVALUATION

Selection of topic & its significance	Article writing		Viva	Total
	Content	References(studies quoted)		
10	30	20	40	100

Syllabus – Fifth Semester

PSYCHOMETRIC TESTING

Course Code: PSY2551

Credit Units: 03

Course Objective:

Psychological assessment is a process of testing that uses a combination of techniques to help arrive at some hypotheses about a person and their behavior, personality and capabilities. Psychological assessment is also referred to as psychological testing, or performing a psychological battery on a person. A psychological assessment is the attempt of a skilled professional, usually a psychologist, to use the techniques and tools of psychology to learn either general or specific facts about another person, either to inform others of how they function now, or to predict their behavior and functioning in the future. Psychologists are the only profession that is expertly trained to perform and interpret psychological tests. Below are the objectives of studying this particular paper of Psychology:

- To train the students in various psychological assessment techniques.
- To impart skills necessary for selecting and applying different tests for different purposes such as evaluation, training and rehabilitation.

Course Content:

Module 1: Introduction

History of Psychological Testing
Meaning, Definition and Types of Psychological Testing
Ethical issues in Psychological Testing

Module 2: Measurement

Nature and significance of Measurement
Distinction between assessment and measurement
Levels of measurement
Techniques of Attitude Measurement

Module 3: Construction of Test

Steps of constructing a Psychological Test
Reliability: Meaning, types and factors affecting reliability
Validity: Meaning, types and factors affecting Validity
Characteristics of a good Psychological Test

Module 4: Assessment of General and Special Abilities

Aptitude: Multidimensional aptitude Battery-II
Creativity: Creativity Assessment Packet (CAP)
Learning: Human Maze learning

Module 5: Application of Testing

Assessment in Educational and Occupational Set-up: Achievement Test
Assessment in Clinical Set-up and in Counselling

Examination Scheme:

Components	CT	CT/H/P/V/Q	CT	A	EE
Weightage (%)	10	10	5	5	70

CT-Class Test; H-Home Assignment; P-Presentation; V-Viva; Q-Quiz; A-Attendance; EE-End Session Exam

Text & References:

Text:

- Anastasi, A. & Urbina, S.: Psychological Testing. U.S.A.: Prentice Hall International Inc.
- Graham, J. R. & Lilly, R. S.: Psychological Testing. New Jersey: Prentice Hall Inc.
- Kaplan, R. K. & Sacuzzo, D. P.: Psychological Testing- Principles, Applications and Issues. New Delhi: Cengage Learning India Pvt. Ltd
- Aiken, L.R. & Groth-Marnat, G.: Psychological Testing and Assessment (12th Ed.) Pearson Education
- Freeman, F. S.: Psychological Testing. Oxford University Press

References:

- Hasan, Q.: Personality Assessment: A fresh Psychological Look. New Delhi: Gyan Publishing House
- Kline, T. J. B.: Psychological Testing – A Practical Approach to Design and Evaluation. New Delhi: Vistaar Publication

PSYCHOLOGICAL PRACTICAL- V

Course Code: PSY2501

Credit Units: 03

Course Objective:

- To give practical experience to the students in administering and scoring psychological tests and interpreting the scores.
- To acquaint the students with the basic procedure and design of psychology experiments.
- To familiarize the students with the use of elementary statistical techniques
- To encourage and guide the students to undertake a small-scale research project.

Note: Total 5 practicals will be conducted in the Fifth semester among the list of following practicals out of which first three practicals are compulsory.

Course Content:

1	Multidimensional aptitude Battery-II (MAB-II)	Aptitude
2	Human Maze Learning	Learning
3	Creativity Assessment Packet	Creativity
4	Childrens Inventory of Anger(CHIA)	Aggression
5	Constructive Thinking Inventory(CTI)	Thinking
6	D2 Test of Attention	Attention

Examination Scheme:

Components	A	File Demonstration	Viva	EE
Weightage (%)	5	35	35	25

Text & References:

- Mohsin, S. M.:Experiments in Psychology. MotilalBanarasidas
- Woodworth, R.S.:Experimental Psychology. Oxford & IBH & Schlosberg, H. Publishing
- Postman, L. &Egan, J. P.: Experimental Psychology: An Introduction.Harper and Row

CLINICAL PSYCHOLOGY

Course Code: PSY2502

Credit Units: 03

Course Objective:

Clinical Psychology is an integration of science, theory and clinical knowledge for the purpose of understanding, preventing, and relieving psychologically-based distress or dysfunction and to promote subjective well-being and personal development. In many countries, clinical psychology is a regulated mental health profession. Keeping pace with the disciplinary advances and with the goal of acquiring specialized knowledge, the paper would allow students to nurture their academic interest in clinical and other research domains of psychology, along with personal growth and citizenship. The faculty is expected to perform the following functions so that the objective of the concerned programme can be obtained:

- Integrate the course contents with the clinical viewpoint in a service setting.
- To train them into skills and competencies which are required for practice as a psychologist.
- To sensitize them to the ethics of profession.
- To impart knowledge and skills required for diagnosis of psychopathological conditions.
- To prepare students in specific areas in which professional psychological services can be rendered.
- To develop self-reflective skills.

Course Content:

Module I: Foundation of Clinical Psychology

Introduction to Clinical Psychology: Meaning and nature of discipline,
Historical Development of Clinical Psychology

Module II: Contemporary Issues

Professional Activities of Clinical Psychologist
Subspecialties of Clinical Psychology
Organizations in Clinical Psychology
Ethical and Legal Issues in Clinical Psychology

Module III: Diagnosis and Assessment

Nature and Purpose of Clinical Diagnosis and Assessment
Stages in the Assessment Process
Clinical Assessment Techniques

Module IV: Psychotherapy

Definition, Goals and Stages of Psychotherapy
Essential Process in Psychotherapy
Models of Psychotherapy: Individual Therapy, Group Therapy, Couples Therapy, Family Therapy

Module V: Approaches to Psychotherapy

Psychodynamic Psychotherapy
Behavioural Psychotherapy
Cognitive Psychotherapy
Humanistic Psychotherapy

Examination Scheme:

Components	CT	CT/H/P/V/Q	CT	A	EE
Weightage (%)	10	10	5	5	70

CT-Class Test; **H**-Home Assignment; **P**-Presentation; **V**-Viva; **Q**-Quiz; **A**-Attendance; **EE**-End Session Exam

Text & References:**Text:**

- Plante, T. G.: Contemporary Clinical Psychology. New York: John Willey & Sons, Inc.
- Bellack, A. S. & Hersen, M.: Introduction to Clinical Psychology. New York: Oxford University Press
- Korchin, S. J.: Modern Clinical Psychology. Delhi CRR Publishers and Distributers
- Ray, S. D.: The Practice of Psychotherapy. New Delhi: New Age International
- Hecker, J. E. & Thorpe, G. L: Introduction to Clinical Psychology. Delhi: Pearson Education
- Herbert, M.: Clinical Child Psychology: Social Learning, Development and Behaviour. New York: John Willey & Sons, Inc.
- Field, A. P. & Field: Clinical Psychology. Learning Matters
- Hatton, C. Bromley, J., & Craine, A.: Clinical Psychology. New York: John Willey & Sons, Inc

References:

- Pomerantz, A. M.: Clinical Psychology- Science, Practice and Culture. New Delhi: Sage Publications
- Matthews, J. R.: Introduction to Clinical Psychology. New York: Oxford Anton, B. S. University Press
- Kumar, A.: Clinical Psychology. Anmol Publications

SUMMER PROJECT EVALUATION - II

Course Code: PSY2535

Credit Units: 06

Course Objective:

To enable the students with the practical exposure in their core area of interest (Corporate Sector, NGOs, Hospitals etc.), which in turn will be the pathway to their personal and professional training. It will also help students to develop report writing skills.

Duration: Two Months (June- July)

Methodology:

Students get opportunity in diversified Institutes e.g. Corporate Sector, Schools, NGOs and Hospitals. They will be guided by an internal and external supervisor from their respective Institute. Students will submit their summer project reports with their supervised daily reporting. Immediately after returning from their summer vacations. This would require primary data collection.

Examination Scheme:

Internal Faculty Interaction	20 Marks
Feedback from External Supervisor	20 Marks
Viva Voce	30 Marks
Report Writing	30 Marks
Total	100 Marks

SCIENTIFIC RESEARCH PAPER-I

Course Code: PSY2505

Credit Units: 03

Course Objective:

The scientific research papers for Graduate Students is to enhance the reading and writing habits of the students and to make them aware about the process of carrying out a research work. This helps them to develop insight into the course they are studying which creates an academic interest among the students. Presentation of the research paper plays an important role as it facilitates knowledge sharing and improvement in presentation skills which will further enhance the confidence of the students. The overall objective of this research paper is to develop research orientations in students and to make them understand and enhance skills in Research Methodology.

Guidelines for Scientific Research Papers:

- Topic :-
- Introduction :-
- Review Research :-
- Objective
- Methodology
- Analysis
- Discussion
- Conclusion :-
- References & Bibliography:-

No. of pages in the compilation of the paper 20-30 (minimum 20 pages)

Examination Scheme:

Components	Compilation	Viva	Presentation
Weightage (%)	50	25	25

PROJECT (WITH PRESENTATION & EVALUATION)

Course code: PSY2532

Credit Units: 03

Course Objective:

The aim of the project is to provide the students with an opportunity to further their intellectual and personal development in the chosen field by undertaking a significant practical unit of activity. The project can be defined as a scholarly inquiry into a problem or issues, involving a systematic approach to gathering and analysis of information / data, leading to production of a structured report.

Chapter Scheme and distribution of marks:

Chapter 1: Introduction – 10 marks

Chapter 2: Conceptual Framework/ National/International Scenario – 25 marks

Chapter 3: Presentation, Analysis & Findings -- 25 marks

Chapter 4: Conclusion & Recommendations -- 10 marks

Chapter 5: Bibliography -- 05 marks

Project Report	Power Point Presentation & Viva
75 marks	25 marks

Components of a Project Report

The outcome of Project Work is the Project Report. A project report should have the following components:

1) Cover Page: This should contain the title of the project proposal, to whom it is submitted, for which degree, the name of the author, name of the supervisor, year of submission of the project work, name of the University.

2) Acknowledgement: Various organizations and individuals who might have provided assistance /co-operation during the process of carrying out the study.

3) Table of Content: Page-wise listing of the main contents in the report, i.e., different Chapters and its main Sections along with their page numbers.

4) Body of the Report: The body of the report should have these four logical divisions

a) **Introduction:** This will cover the background, rationale/ need / justification, brief review of literature, objectives, methodology (the area of the study, sample, type of study, tools for data collection, and method of analysis), Limitations of the Study, and Chapter Planning.

b) **Conceptual Framework / National and International Scenario:** (relating to the topic of the Project).

c) **Presentation of Data, Analysis and Findings:**(using the tools and techniques mentioned in the methodology).

d) **Conclusion and Recommendations:** In this section, the concluding observations based on the main findings and suggestions are to be provided.

5) Bibliography or References: This section will include the list of books and articles which have been used in the project work, and in writing a project report.

6) Annexures: Questionnaires (if any), relevant reports, etc.

(The main text of the Project should normally be in the range of 5000 words. However, there may be annexure in addition to the main text)

The Steps of a Project Report

Step I: Selection of the topic for the project by taking following points into consideration:

- Suitability of the topic.
- Relevance of the topic
- Time available at the disposal.
- Feasibility of data collection within the given time limit.
- Challenges involved in the data collection (time & cost involved in the data collection, possibility of getting responses, etc.)

Step II: Finalisation of the Topic and preparation of Project Proposal in consultation with the Supervisor.

Step III: Collection of information and data relating to the topic and analysis of the same.

Step IV: Writing the report dividing it into suitable chapters, viz.,

Chapter 1: Introduction,

Chapter 2: Conceptual Framework / National & International Scenario,

Chapter 3: Analysis & Findings

Chapter 4: Conclusion and Recommendations.

Step V: The following documents are to be attached with the Final Project Report.

- 1) Approval letter from the supervisor (Annexure-IA)
- 2) Student's declaration (Annexure-IB)
- 3) Certificate from the Competent Authority of the Organisation / Institution, if the student undertakes the Project Work in any Organisation / Institution.

Guidelines for Evaluation:

- Each of the students has to undertake a Project individually under the supervision of a teacher and to submit the same following the guidelines stated below.
- Language of Project Report and Viva-Voce Examination may be English. The Project Report must be typed and hard bound.
- Failure to submit the Project Report or failure to appear at the Viva-voce Examination will be treated as "Absent" in the Examination. He /she has to submit the Project Report and appear at the Viva-Voce Examination in the subsequent years (within the time period as per University Rules).
- No marks will be allotted on the Project Report unless a candidate appears at the Viva-Voce Examination. Similarly, no marks will be allotted on Viva-Voce Examination unless a candidate submits his/her Project Report.
- Evaluation of the Project Work to be done jointly by one internal expert and one external expert with equal weightage, i.e., average marks of the internal and external experts will be allotted to the candidate.

Syllabus – Sixth Semester

COUNSELLING PSYCHOLOGY

Course Code: PSY2651

Credit Units: 03

Course Objective:

The paper of Counselling Psychology covers its history, theories, activities, specialties and trends. It concentrates on the importance of the personhood of counselors and of the multicultural, ethical and legal environments in which counselors operate. This paper focuses on the context and process of counseling to provide a range of high quality and responsive counseling skills and its applications to help oneself and others.

Course Contents:

Module I: Introduction

Meaning, Definitions and Goals of counselling
Role of Counsellor in different Setting
Characteristics of a good counsellor

Module II: Counselling Process

Building Counselling Relationship
Working in a Counselling Relationship
Termination of Counselling Relationship

Module III: Counselling Approaches

Insight-Oriented Counselling: Client-Centred
Action-Oriented Counselling: Behavioural
Testing, Assessment and Diagnosis in Counselling

Module IV: Counselling Applications

Child Counselling and Counselling in School
Adolescent Counselling and Counselling in College
Career Counselling: Theories of Career Development
Group Counselling and Family Counselling
Addiction Counselling

Module V: Theories and Techniques of Counselling

Psychodynamic Approaches
Humanistic Approach
Cognitive Approach
Behavioural Approaches

Module VI: Current Issues in Counselling

Ethical and Legal Issues
Mental Health Counselling
Counselling in a Multicultural Society
Counselling with Diverse Population

Examination Scheme:

Components	CT	CT/H/P/V/Q	CT	A	EE
Weightage (%)	10	10	5	5	70

CT-Class Test; **H**-Home Assignment; **P**-Presentation; **V**-Viva; **Q**-Quiz; **A**-Attendance; **EE**-End Session Exam

Text & References:**Text:**

- Rao, S. N.: Counselling and Guidance (2nd Ed.). Tata McGraw Hill
- Belkin, G.S.: Introduction to Counselling. W.C.: Brown Publishers
- Nelson, J.: The Theory and Practice of Counselling Psychology. New York: Holt Rinehart & Winston
- Gibson, R. L. & Mitchell, M. H.: Introduction to Counselling and Guidance (7th). New Delhi Prentice-Hall of India Pvt. Ltd
- Gladding, S. T.: Counselling: A Comprehensive Profession (6th Ed.). Dorling Kindersley India Pvt. Ltd.
- Hansen, J. H. & Rosberg, R.H: Counselling: Theory and Process (5th Ed.). Allyn & Bacon
- Pal, O. B.: Guidance and Counselling. New Delhi: Motilal Banarsidas Publishers Private Ltd.
- Milner, J., Byrne, P. O. & Campling, J.: Assessment in Counselling: Theory, Process and Decision-Making. Palgrave MacMillan
- Patterson, L.E.: The Counselling Process. Wadsworth Publishing

References:

- Welfel, E.R., & Patterson, L.E: The Counselling Process: A Multi-theoretical Integrative Approach. Thomson Brooks / Cole

SCHOOL COUNSELLING

Course Code: PSY2601

Credit Units: 02

Course Objective:

This is to enable the students to develop an understanding of counseling within school setup, which is collaborative work of counselor and other school staff.

Course Contents:

Module I: Introduction

Guidance & Counseling

Need and importance of guidance and counseling in school

Module II: Counselor in Educational Setting

Elementary School, Middle School, Secondary School & Higher Secondary

Counseling & Curriculum

Counseling & Family

Module III: Role of Personal Guidance

Principal, Teacher, Counselor, Career Counselor, Parents & other Specialists

Importance of holistic approach in counseling

Module IV: Mental Health of Students

Typical difficulties of students

Supportive Services

Self Help Material

Role of Faith & Spirituality in Students mental Health

Students' perspective of Mental Health

Module V: Experience of Transition

Concept of Change, Adjustment & Transition

Transition & Students' experiences

Module VI: Indian Education System: The Changing Perspective

Examination Scheme:

Components	CT	CT/H/P/V/Q	CT	A	EE
Weightage (%)	10	10	5	5	70

CT-Class Test; **H**-Home Assignment; **P**-Presentation; **V**-Viva; **Q**-Quiz; **A**- Attendance; **EE**-End Session Exam

Text & References:

Text:

- Belkin, G.S. (1998). Introduction to Counselling; W.C.: Brown Publishers
- Nelson, J. (1982). The Theory and Practice of Counselling Psychology; New York: Holt Rinehart & Winston.
- Ben, N. Ard, Jr. (Ed.) (1997). Counselling and Psychotherapy: Classics on Theories and Issues; Science and Behaviour Books Co.
- Brammer, L.M. & Shostrom, E.L. (1977). Therapeutic psychology: Fundamentals of Counselling Psychotherapy (3rd Ed.). Englewood Cliffs: Prentice Hall

References:

- Udupa, K.N. (1985). Stress and its Management by Yoga; Delhi: MotiLalBansari Das.
- Windy, D. (1988) (ed.). Counselling in Action; New York: Sage Publication.

PSYCHOLOGICAL PRACTICAL-VI

Course Code: PSY2602

Credit Units: 03

Course Objective:

- To give practical experience to the students in administering and scoring psychological tests and interpreting the scores.
- To acquaint the students with the basic procedure and design of psychology experiments.
- To familiarize the students with the use of elementary statistical techniques
- To encourage and guide the students to undertake a small-scale research project.

Note: Total 5 practicals will be conducted in the sixth semester among the list of following practicals out of which first three practicals are compulsory.

Course Content:

1	Multidimensional Anxiety Questionnaire(MAQ)	Anxiety
2	College Adjustment Scale(CAS)	Adjustment
3	Career Attitude And Strategies Inventory(CASI)	Career Attitude
4	Educational Assessment Checklist For Children With Intellectual Disability(EACCID)	Child Disability
5	Sensory Processing Measure(SPM)	Sensation
6	Self Esteem Index(SEI)	Self Esteem

Examination Scheme:

Components	A	File Demonstration	Viva	EE
Weightage (%)	5	35	35	25

Text & References:

- Mohsin, S. M.:Experiments in Psychology. MotilalBanarasidas
- Woodworth, R.S.:Experimental Psychology. Oxford & IBH & Schlosberg, H. Publishing
- Postman, L. &Egan, J. P.: Experimental Psychology: An Introduction.Harper and Row

DISSERTATION (BASED ON CLINICAL PSYCHOLOGY)

Course Code: PSY2637

Credit Units: 09

Course Objective:

- To enable the students with the practical exposure in their core area of interest (Corporate Sector, NGOs, Hospitals etc.), which in turn will be the pathway to their personal and professional training.
- It will also help students to develop report writing skills.

Duration: Four Months (Jan. - April)

Methodology:

Students get opportunity in diversified Institutes e.g. Corporate Sector, Schools, NGOs and Hospitals. They will be guided by an internal and external supervisor. Students will submit their reports after **90 Hrs of Fieldwork (15 days* 6hrs per day)**, with their supervised daily reporting, at the end of the academic year. **The days for fieldwork are two days in a week including Saturday.** The student will submit the Log Sheet to their internal supervisor on every Monday.

Examination Scheme:

Internal Faculty Interaction	20 Marks
Feedback from External Supervisor	20 Marks
Viva Voce	30 Marks
Report Writing	30 Marks
Total	100 Marks

PSYCHOLOGY OF CHILDREN WITH SPECIAL NEEDS

Course Code: PSY2603

Credit Units: 03

Course Objective:

To enable students to understand and apply concepts of psychology to the development of education of challenged and gifted students

Course Contents:

Module I: Children with mild differences in behavior & learning

Children with Speech & Learning Disabilities
Children with Learning Disabilities
Children with Intellectual Disabilities
Children and youth with behavior disorders
Children who are Gifted, Creative and Talented

Module II: Children with Sensory Impairments

Children and youth with Hearing Impairments
Children with Visual Impairments

Module III: Children with Low Incidence Disabilities

Children with Special Health Care Needs
Children with Neurological Disabilities
Children with Pervasive Developmental Disorders
Children with Severe & Multiple Disabilities

Module IV: Interventions with Infants, Preschoolers, young adults and families

Module V: Special Education across the Life Span

Early Childhood Special Education
Transitioning to Adulthood

Module VI: Special Education- Curriculum for the Handicapped

Special Education
Individualized Education Program (IEP)
Integrated Education- Models of Integration
Inclusive Education
Community based instruction (Ecological)
Action Research- Meaning and Nature

Examination Scheme:

Components	CT	CT/H/P/V/Q	CT	A	EE
Weightage (%)	10	10	5	5	70

CT-Class Test; H-Home Assignment; P-Presentation;V-Viva; Q-Quiz; A-Attendance; EE-End Session Exam

Text & References:

Text:

- Panda K.C., Education of Exceptional Children
- Pillai M.G., Exceptional Children- Causes & Assessment
- Prasad S.B., Special Education

References:

- Horn, John Louis: The Education of Exceptional Children
 - Robert T. Brown; Cecil R. Reynolds. Psychological perspectives on childhood exceptionality: a handbook (Edition: 99)

PSYCHOLOGY OF EXCEPTIONAL AND GIFTED CHILDREN

Course Code: PSY2604

Credit Units: 03

Course Objective:

The major goal of this course is for the student to gain an awareness, knowledge and understanding of the complexity of the exceptional child.

Course Contents:

Module I: Foundations of Special Education

Introduction to children who are exceptional
Issues and trends in special education
Risk factors & children at risk
Collaborating with parents & families

Module II: Special Education- Curriculum for the Gifted

Approaches to curriculum
Differentiated curriculum
Enrichment approaches

- Interdisciplinary instruction
- Independent Study
- Mentorship Programs
- Internship
- Enrichment triad/revolving door model
- Curriculum compacting programs

Acceleration approach

- Advanced placement
- Ability grouping
- Individualized instruction

Module III: Identify and discuss Individualized Educational Plans

Developing, Implementation & Assessment, Implications for curriculum development

Module IV: Critical Attitudes towards Special Children & Youth prior to 20th century

Legislation & litigation concerning the Education of Special Children
Disability Act, 1995
An overview of different organizations working for Exceptional Children
Categories of Exceptionality and the effects of labeling

Module V: Attitudes, Expectations and Alternative Approaches in teaching Special Children

Mainstreaming, Integration, Inclusion, Special Services
Dealing with teachers, parents, Special students & Non-handicapped Students

Module VI: Instructional Planning for each of the Exceptionality

Developing appropriate instructional strategies for use with each of the Exceptionalities
Modification of given instructional units to meet the needs of students with each of the Exceptionalities
Development of a management plan for working with Special students within the regular classroom

Examination Scheme:

Components	CT	CT/H/P/V/Q	CT	A	EE
Weightage (%)	10	10	5	5	70

CT-Class Test; **H**-Home Assignment; **P**-Presentation-Viva; **Q**-Quiz; **A**- Attendance; **EE**-End Session Exam

Text & References***Text:***

- Panda K.C. Education of Exceptional Children
- Pillai M.G. Exceptional Children- Causes & Assessment
- Prasad S.B. Special Education

References:

- Horn, John Louis: The Education of Exceptional Children
- Robert T. Brown; Cecil R. Reynolds. Psychological perspectives on childhood exceptionality: a handbook (Edition: 99)

SCIENTIFIC RESEARCH PAPER-II

Course Code: PSY2605

Credit Units: 03

Course Objective:

The research article or scientific papers for Masters Students is to enhance the reading and writing habits of the students and to make them aware about the process of carrying out a research work. This helps them to develop insight into the course they are studying which creates an academic interest among the students. Presentation of the term paper plays an important role as it facilitates knowledge sharing and improvement in presentation skills which will further enhance the confidence of the students. The overall objective of this term paper is to develop research orientations in students and to make them understand and enhance skills in Research Methodology.

Guidelines for Research Article or Scientific Papers:

- Topic :-
- Introduction :-
- Review Research :-
- Objective
- Methodology
- Discussion
- Conclusion :-
- References & Bibliography:-

No. of pages in the compilation of the paper 25-30 (minimum 25 pages)

Examination Scheme:

Components	Compilation	Viva	Presentation
Weightage (%)	50	25	25

PROJECT (WITH PRESENTATION & EVALUATION)

Course code: PSY2632

Credit Units: 03

Objectives:

The aim of the project is to provide the students with an opportunity to further their intellectual and personal development in the chosen field by undertaking a significant practical unit of activity. The project can be defined as a scholarly inquiry into a problem or issues, involving a systematic approach to gathering and analysis of information / data, leading to production of a structured report.

Chapter Scheme and distribution of marks:

Chapter 1: Introduction – 10 marks

Chapter 2: Conceptual Framework/ National/International Scenario – 25 marks

Chapter 3: Presentation, Analysis & Findings -- 25 marks

Chapter 4: Conclusion & Recommendations -- 10 marks

Chapter 5: Bibliography -- 05 marks

Project Report	Power Point Presentation & Viva
75 marks	25 marks

Components of a Project Report

The outcome of Project Work is the Project Report. A project report should have the following components:

1) Cover Page: This should contain the title of the project proposal, to whom it is submitted, for which degree, the name of the author, name of the supervisor, year of submission of the project work, name of the University.

2) Acknowledgement: Various organizations and individuals who might have provided assistance /co-operation during the process of carrying out the study.

3) Table of Content: Page-wise listing of the main contents in the report, i.e., different Chapters and its main Sections along with their page numbers.

4) Body of the Report: The body of the report should have these four logical divisions

a) **Introduction:** This will cover the background, rationale/ need / justification, brief review of literature, objectives, methodology (the area of the study, sample, type of study, tools for data collection, and method of analysis), Limitations of the Study, and Chapter Planning.

b) **Conceptual Framework / National and International Scenario:** (relating to the topic of the Project).

c) **Presentation of Data, Analysis and Findings:**(using the tools and techniques mentioned in the methodology).

d) **Conclusion and Recommendations:** In this section, the concluding observations based on the main findings and suggestions are to be provided.

5) Bibliography or References: This section will include the list of books and articles which have been used in the project work, and in writing a project report.

6) Annexure: Questionnaires (if any), relevant reports, etc.

(The main text of the Project should normally be in the range of 5000 words. However, there may be annexure in addition to the main text)

The Steps of a Project Report

Step I : Selection of the topic for the project by taking following points into consideration:

- Suitability of the topic.
- Relevance of the topic
- Time available at the disposal.
- Feasibility of data collection within the given time limit.
- Challenges involved in the data collection (time & cost involved in the data collection, possibility of getting responses, etc.)

Step II: Finalisation of the Topic and preparation of Project Proposal in consultation with the Supervisor.

Step III: Collection of information and data relating to the topic and analysis of the same.

Step IV: Writing the report dividing it into suitable chapters, viz.,

Chapter 1: Introduction,

Chapter 2: Conceptual Framework / National & International Scenario,

Chapter 3: Analysis & Findings

Chapter 4: Conclusion and Recommendations.

Step V: The following documents are to be attached with the Final Project Report.

1) Approval letter from the supervisor (Annexure-IA)

2) Student's declaration (Annexure-IB)

3) Certificate from the Competent Authority of the Organisation / Institution, if the student undertakes the Project Work in any Organisation / Institution.

Guidelines for Evaluation:

- Each of the students has to undertake a Project individually under the supervision of a teacher and to submit the same following the guidelines stated below.
- Language of Project Report and Viva-Voce Examination may be English. The Project Report must be typed and hard bound.
- Failure to submit the Project Report or failure to appear at the Viva-voce Examination will be treated as "Absent" in the Examination. He /she has to submit the Project Report and appear at the Viva-Voce Examination in the subsequent years (within the time period as per University Rules).
- No marks will be allotted on the Project Report unless a candidate appears at the Viva-Voce Examination. Similarly, no marks will be allotted on Viva-Voce Examination unless a candidate submits his/her Project Report.
- Evaluation of the Project Work to be done jointly by one internal expert and one external expert with equal weightage, i.e., average marks of the internal and external experts will be allotted to the candidate.